## CLAIMS

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1. A method for sterilizing containers (2) of plastic material and for filling the containers with liquid substances, including:

feeding said containers (2) in a succession along a feeding path (P), so as to bring the containers (2) into a covering structure (S) defining a closed aseptic environment containing a one-block apparatus for sterilizing and filling the containers;

sterilizing said containers (2) in a first portion (6) of said apparatus (1), situated along a first section (T) of said path (P);

weighted filling of said containers (2) with said liquid substance and subsequently closing the filled and weighed containers with pre-sterilized plugs/caps, in a second portion (12) of said apparatus (1), situated along a second section (TR) of said path (P), after said first section (T).

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2. A method as claimed in claim 1, characterized in that sterilizing includes:

diffusing a sterilizing substance inside each of said containers (2) fed along a first part (T1) of said section (T);

diffusing pressurized steam inside each container (2), while the container is moved along a second part (T2) of said section (T) after said first part (T1); and

drying the inside of the container (2) by feeding 30 filtered sterile air through the opening of the container

while the container is moved forward along a third part (T3) of said section (T),.

- 3. A method as claimed in claim 2, characterized in that said sterilizing substance is hydrogen peroxide  $H_2O_2$ .
- 4. A method as claimed in any of the claims from 1 to 3, characterized in that said second portion (12) is separated from said first portion (6) by a wall (W), being a part of said structure (S); with a circulation or laminar flow of filtered/purified air (LAF Laminar Flow) inside said second portion (12).
- 5. A method as claimed in any of the claims from 1 to 4, 15 characterized in that said containers (2) are made of LDPE (Low Density Polyethylene).
- 6. A method as claimed in any of the claims from 1 to 5, characterized in that said filling substance is a liquid 20 substance used in food field.
  - 7. A one-block apparatus (1) for sterilizing and filling containers (2) of plastic material with liquid substances, characterized in that it includes:
- 25 a unit (7) for sterilizing and drying the inside of the containers (2):
  - a unit (13) for weighted filling said containers (2) with said liquid substance; and

a unit (18) for closing said containers (2) with closing plugs/caps;

said one-block apparatus being contained in a covering structure (S) for defining an aseptic environment;

5 said sterilizing unit (7) and filling unit (13) being separated by a wall (W) of the covering structure (S); and

said filling unit (13) being subjected to a circulation or laminar flow of filtered/purified air (LAF - Laminar Flow).

- 8. An apparatus as claimed in claim 7, characterized in that said sterilizing unit (7) includes a rotating turret (8) having a plurality of work stations (9); each of said work stations (9) including pliers means (10) for holding and overturning the containers (2) and for bringing each container from a position with an opening is turned upwards to a position in which the opening is turned downwards, and vice-versa; and nozzle means (11) connected to said pliers means (10) and entering said opening of said containers (2) to sterilize the containers inside.
- 9. An apparatus as claimed in claim 8, characterized in 25 that said nozzle means (11) have a triple inner canalization (11a, 11b);

with a central canalization of each of said nozzles (11) being connected to a tank of a sterilizing substance to diffuse said sterilizing substance inside said containers

30 (2); and

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lateral canalizations (11b) of each of said nozzles (11) being connected alternately with a source of pressurized steam and with a source of purified sterile air, to wash and dry the inside of said containers (2) before their filling.

10. An apparatus as claimed in any of the claims from 7 to 9, characterized in that said containers (2) are made of LDPE (Low Density Polyethylene).

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11. An apparatus as claimed in any of the claims from 7 to 10, characterized in that said filling unit (13) performs the weighted filling (net weight) of said containers (2) with a liquid substance used in food processing field.